

ADULT RECREATION SCHEDULE

SPORTS/LESSONS

Water Aerobics

Adult Pool

Monday - Friday
9:00 - 10:00 am

Cardio Drumming

Phase 1 Indoor Pavilion

Monday | 6:30 - 7:30 pm
Thursday | 1:00 - 2:00 pm

Tennis Drills

Phase 1 Tennis Courts

Tuesday
9:00 - 10:30 am

Moving with Music

Phase 1 Indoor Pavilion

Tuesday & Thursday
9:00 - 11:00 am

Yoga

Phase 1 Pavilion

Tuesday & Thursday
10:00 - 11:00 am

Line Dancing

Phase 1 Indoor Pavilion

Tuesday & Thursday

Beginner

6:00 - 7:00 pm

Intermediate

7:00 - 8:00 pm

SPORTS/LESSONS

Splash Drumming

Adult Pool

Wednesday & Friday
10:00 - 11:00 am

Golf Lessons

LMGC

Adults 20+

Friday
11:00 am - 12:00 pm
*Golf lessons begin 6/12

SOCIAL

Helping Hands

Sewing

North Shore Center

Monday
10:00 am - 2:00 pm

Cup & A Buck

North Shore Center

Tuesday | 9:00 - 11:00 am

Crocheting &

Knitting Group

North Shore Center

Wednesday
1 - 3 pm

WEEKLY GAMES

Cribbage

North Shore Center

Monday
6:30 - 7:30 pm

Bunco

North Shore Center

Tuesday
1:00 - 3:00 pm

Poker

North Shore Center

Tuesday
6:30 - 8:30 pm

Mahjong

Phase 1 Indoor Pavilion

Wednesday
1 - 3 pm

Euchre

Phase 1 Indoor Pavilion

Wednesday
6:30 - 9:00 pm

Hand & Foot

LMGC

Thursday
1:00 - 3:00 pm



YOUTH RECREATION SCHEDULE

SPORTS/LESSONS

Swim Lessons

Phase 3 Pool

Monday - Thursday

Level 1: 9:30 - 10 am

Level 2: 10:05 - 10:35 am

Level 3: 10:40 - 11:10 am

Level 4: 11:15 - 11:45 am

Level 5/6: 11:50 am - 12:20 pm

Parent/Tot: 12:25 - 12:55 pm

*see website for detailed level descriptions

Tennis Lessons

Phase 4 Tennis Courts

Beginner

Monday - Thursday

10:30 - 11:20 am &

11:30 am - 12:20 pm

Rec Station

Monday - Thursday

Intermediate: 9:00 - 9:50 am

Advanced: 10:00 - 10:50 am

Elite: 11:00 - 11:50 am

Pickleball Lessons

Recreation Station

Kids 8+ Only

Monday - Thursday

Beginner: 1:00 - 2:00 pm

Intermediate: 2:00 - 3:00 pm

SPORTS/LESSONS

Golf Lessons

LMGC

Kids 12 & Under

Friday

9:00 - 10:00 am

Teens 13 - 19

Friday

10:00 - 11:00 am

*Golf lessons begin 6/13

Dodgeball

Rec Tennis Courts

All ages welcome

Saturday

3:30 - 5:30 pm

SOCIAL

Kids Club

Rec Station

Ages 5 - 8

Monday - Thursday

\$2 per child

1:00 - 2:30 pm

Pre-Teen Club

Rec Station

Ages 9 - 12

Monday - Thursday

\$2 per child

2:45 - 3:45 pm



VIEW THE COMPLETE SANDY PINES CALENDAR!



SUBSCRIBE TO OUR SANDY PINES E-NEWS



FOLLOW US ON FACEBOOK

More Information
Recreation Lessons run from 6/8 - 8/7